

LEO TIMES

VOLUME 17 | EDITION 05 | NOV 2024

THE MORE KNOWLEDG
YOU GAIN, THE MORE
OPPORTUNITIES YOU
CREATE. THE MORE
SKILLS YOU DEVELOP,
THE FURTHER YOU
CAN EXPLORE.

Diwali the Festival of Lights

Diwali, also known as the Festival of Lights, is a celebration that is deeply rooted in India's cultural, spiritual, and social fabric.

BATTLE C'S

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කදුළු සිත්තමි

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PUZZLES

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LEO CLUB OF
Uva Wellassa University



Leos of Sri Lanka
& Maldives
INSPIRING LIVES



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C'S 2024 **05**

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MESSAGE FROM 3rd VICE PRESIDENT LEO CLUB OF UWU



Dear Fellow Leos,

I am incredibly honored to serve as the 3rd Vice President of the Leo Club of Uva Wellassa University for this Leostic year. As we move forward together, I am inspired by the passion and dedication each of you brings to our club, and I am excited to play my part in guiding us toward another successful year.

In this role, my focus will be on fostering a culture of inclusivity, teamwork, and personal growth. I believe that each Leo holds unique talents, ideas, and perspectives, and by supporting one another, we can unlock our full potential. This year, let's embrace every opportunity to learn, grow, and make a difference not only within our club but also in the communities we serve.

As the 3rd Vice President, I am committed to working closely with our leadership team and each of you to drive impactful initiatives that reflect our club's mission and values. Let's continue to push boundaries, be it through innovative projects, community service, or empowering one another to reach new heights.

Thank you for your trust and support. Together, let's make this a year of growth, unity, and lasting impact. I look forward to seeing each of you shine and to the incredible things we'll achieve as a team.

Leo Abishek Haththakage

**3rd Vice President
LEO Club of
Uva wellassa University**

*Abishek
Haththakage*

MESSAGE FROM DIRECTOR OF CREATIVE LEO CLUB OF UWU

Dear Fellow Leos,
It is my honor to work as the Director of Creative of the Leo Club of Uva Wellassa University for this Leostic year. Looking at the horizon looming ahead, immense opportunities tag along with challenges, development, motivation, and positive impact. For this year, the focus is to go one step beyond previous achievements and design meaningful projects that will add value to the society. I wish the support, active involvement, and membership of every member to these initiatives, from the bottom of my heart. It is our massive cooperation that we have to make this year productive, worthwhile and significant to all parties involved. Your hard work and passion make it possible for us to make the progress we want to make. Thank you for being an active participant in this process.

Leo Gihan Vimukthi
Director of Creative
LEO Club of
Uva wellassa University



*Gihan
Vimukthi*



ROARING
EVENTS OF THE
LION'S HEART

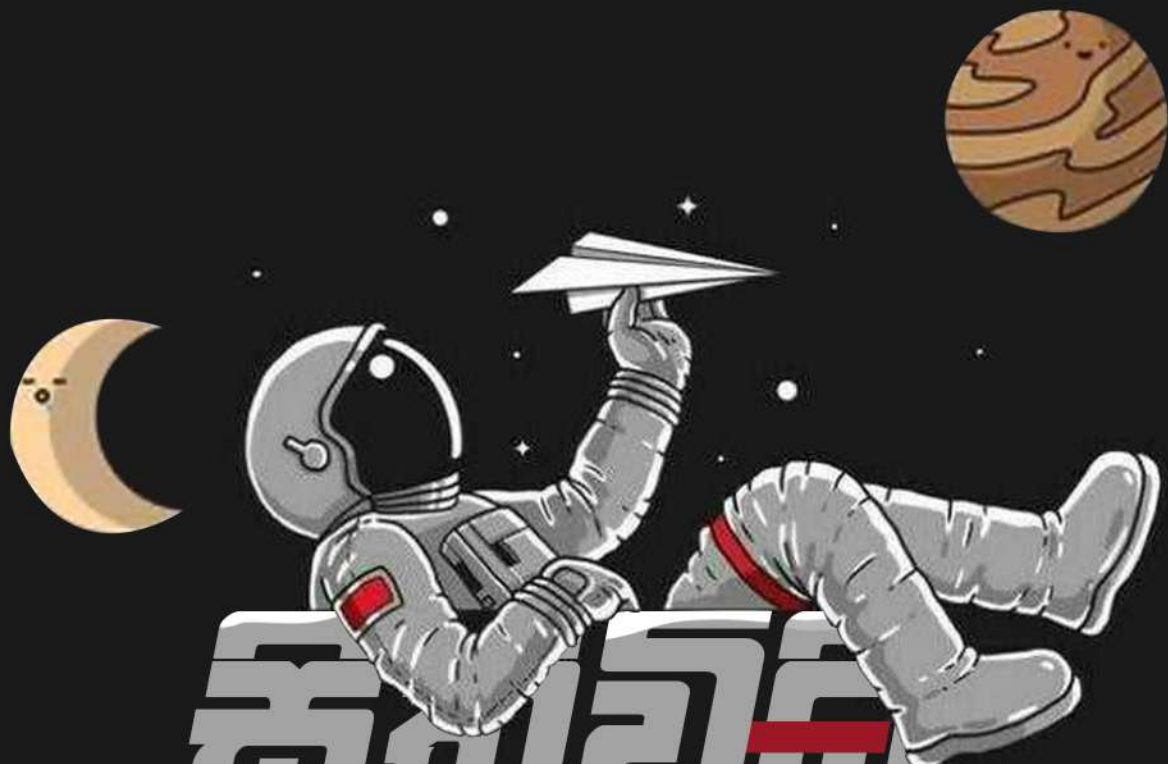
BATTLE OF THE C'S 2024



The much-expected Battle of the C's 2024 brought together two most energetic Leo Districts, 306 C1 and C2 of Sri Lanka, in a thrilling T20 cricketing encounter. Combining excitement with friendly bonding, this event was more than just a cricket tournament—a showcase of youth leadership and teamwork blended into one eternal spirit, the Leo spirit.

The competition had some thrilling matches between the boys' and girls' teams participating in these districts. With both sides showing tremendous passion, strategy, and skill, the games were testimonials to their commitment and preparation. Players representing Leo District C2 shone well, as the audience admired them. Both the districts showed their collective spirits, as the cheers and chants on the grounds united them into the love for the sport.

Beyond the playing field, the tournament stood for the values of friendship and sportsmanship that are at the core of the Leo movement. The Leo Clubs, initiated in 1957 and functioning in Sri Lanka since 1968, are into service, leadership opportunities, and community participation. These events represent such ideals, inspiring the coming together of young leaders toward the sharing of ideas and mutual inspiration.



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අත් විඳිනු නොඅනුමානය!



Minushika Shavindi
Industrial Information
Technology Degree
Program

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තනියම
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කැපුණ සත්තව්...

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ඉන්නවද...?

පළමු සිත්තම

විය ගාල්ල ජාතික රෝහලේ මානසික රෝග සායනය අතිශය කාර්යබහුල වූ තවත් එක් දිනයක් විය. අසුන් පේළි පුරා පිරුණු රෝගීන් මෙන්ම ඔවුන් අසලටම වී තනි රකිනා භාරකරුවන්ගෙන් පිරී ගොස් තිබූ සායනයේ වූයේ සාමකාමී වටපිටාවක් නම් නොවේ. නොසන්සුන් හැසිරීම් සහිත රෝගීන් මෙන්ම බලාගත් අත බලාගත් වනම බලා සිටිනා නිහඬ රෝගීන් දෙසද මේසනා බලා සිටියේ උපේක්ෂා සහගතවය.

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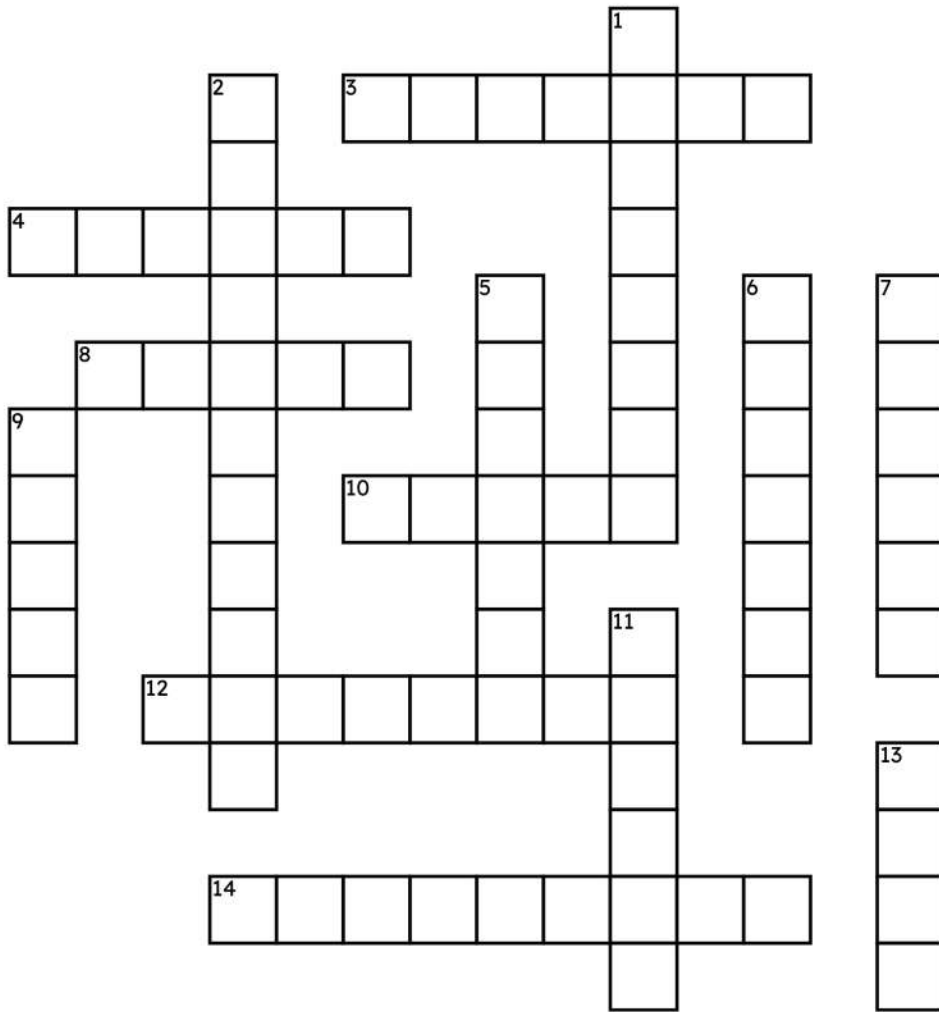
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ගාල්ල

தேசிய வைத்தியசாலை
காலி



GENERAL KNOWLEDGE

Down

1. Country in South America
2. Largest oil exporter in the world
5. Type of coffee bean
6. Longest river in Asia
7. Highest mountain peak of the United States and North America
9. Wading bird
11. Type of cheese
13. Location of the last European formula 1 Grand Prix

Across

3. Winner of the FIFA World Cup in 1930
4. "White Whale"
8. Elsewhere (Latin)
10. Capital of the Democratic Republic of the Congo
14. Third oldest university in the UK

The Leo Club of Uva Wellassa University proudly presents an exciting new feature in this month's bulletin: a General Knowledge Crossword! Test your knowledge on geography, sports, natural wonders, and more with 14 fun and challenging clues. We invite all members to give it a try, learn something new, and enjoy the thrill of solving! Send your answers to Vihini on WhatsApp at 076 715 3085. Stay tuned for the answers in our next issue. Happy solving!

TREASURE HUNT

In a place where people gather to eat and talk, a hidden clue waits to be found. It's not easy to spot but is hidden where only sharp eyes and quick thinking can find it. Look carefully, and you'll uncover the secret that leads to your next adventure. The ultimate winner will earn not just pride but an exciting gift to celebrate their victory!



DISCOVER

EXPLORE



Diwali the Festival of Lights

Diwali, also known as the Festival of Lights, is a celebration that is deeply rooted in India's cultural, spiritual, and social fabric.






Diwali

the Festival of Lights

Diwali, also known as the Festival of Lights, is a celebration that is deeply rooted in India's cultural, spiritual, and social fabric. Celebrated mostly during November, Diwali has an important religious meaning for millions of people, representing the victory of good over evil and light over darkness. It is observed by Hindus, Sikhs, Jains, and some Buddhists, each of whom contributes their own customs and beliefs to this colorful and energetic festival.

"Diwali" is derived from the Sanskrit word Deepavali, meaning "a row of lights." The festival's main characteristic is the lighting of oil lamps, also known as diyas, which are placed around houses, temples, and public areas to add warmth and beauty to everything. Lighting diyas is a symbolic act that symbolizes the inner light that each person possesses, which guards against evil powers, ignorance, and darkness. Diwali is celebrated by many Hindus as a celebration of Lord Rama's victory over the evil king Ravana and his return to his country, Ayodhya, following an exile of fourteen years. Thousands of lights were lit by the people of Ayodhya in celebration of Rama's return, producing a lovely scene and a feeling of relief and gladness among everybody.

Diwali celebrations span five days, each carrying its own significance and traditions. The first day, Dhanteras, is dedicated to wealth and prosperity. People buy new items, often precious metals or household goods, as it is considered auspicious to bring in wealth on this day. The second day, Naraka Chaturdashi or Choti Diwali, is a celebration of the victory over evil forces, symbolized by lighting diyas and beginning to decorate homes. The third day is the main day of Diwali and is marked by the most elaborate celebrations. People perform Lakshmi Puja, a prayer ceremony to honor Lakshmi, the goddess of wealth, praying for blessings and prosperity. The fourth day, known as Govardhan Puja or Annakut, is associated with the bond between Lord Krishna and his followers, celebrated by offering prayers and a variety of food. The fifth and final day, Bhai Dooj, is a day dedicated to the bond between brothers and sisters, during which siblings come together to celebrate and exchange gifts.





Diwali

the Festival of Lights

Diwali preparations start far before the holiday itself. In order to make their homes hospitable and appealing to both visitors and the divine, families clean and adorn them. Many use elaborate 'rangoli' patterns, patterns created from rice flour, flower petals, or colorful powder to adorn their doorways. These ornaments are thought to be a means of attracting luck, prosperity, and positivity. Another beloved custom that represents kindness, happiness, and the giving spirit is the sharing of gifts and candies with neighbors, family, and friends. A sense of community is fostered by the warmth and flavor that traditional sweets like laddoos, barfis, gulab jamuns and savory snacks bring into families.

Fireworks and the bursting of crackers add a thrilling element to the Diwali celebrations. These sounds and lights heighten the sense of excitement and mark the occasion with vigor. However, there is also a growing awareness of the environmental impact of fireworks, leading many to opt for eco-friendly celebrations by using quiet, pollution-free alternatives, such as electric lamps or clay diyas.

Diwali has deep religious meaning in addition to its colorful traditions. For a lot of Hindus, it symbolizes the path to inner strength, self-awareness, and the light of enlightenment that chases away ignorance's darkness. Worshipped on Diwali, the goddess Lakshmi represents abundance not just in terms of financial prosperity but also in terms of inner richness, happiness, and well-being. Since Diwali is a time to let go of old disputes, make new promises, and make plans for personal development, its relationship with the Hindu New Year in some areas further supports its message of fresh starts.





Diwali

the Festival of Lights

Diwali has special meaning in religions other than Hinduism. Diwali is a day on which Sikhs commemorate the release of Guru Hargobind, their sixth Guru, from prison. Sikhs are reminded of freedom, justice, and sacrifice on this day, which is known as Bandi Chhor Divas. Diwali is a time for self-reflection, thankfulness, and spiritual refreshment for Jains because it marks the day that Lord Mahavira, the 24th Tirthankara, achieved 'nirvana', or freedom from the cycle of rebirth. Particularly in Nepal, some Buddhists also observe Diwali as a time for letting go of negativity and purifying oneself.

Diwali's impact extends beyond religious borders, its themes of kindness, unity, and renewal resonate globally, making it a beloved festival. The sight of thousands of lanterns glowing across homes, streets, and temples creates an enchanting and unifying atmosphere. For families, Diwali is a chance to come together, strengthen relationships and rekindle friendships. For communities, it is a time to bridge differences, promote harmony and share in collective celebrations that uplift everyone's spirits.

Diwali leaves a lasting message that despite life's difficulties, there is always hope and light at the end of the journey. The festival encourages people to be grateful, embrace positivity, and recognize the importance of inner peace and resilience. By embracing light, both figuratively and literally, Diwali reminds us of the strength that comes from unity, the beauty in generosity, and the fulfillment in sharing joy with others.

The Festival of Lights, in its many colors, sounds, and flavors, is not just a celebration of traditions but a meaningful reminder that light will always prevail over darkness. As the diyas glow brightly during Diwali, they illuminate not only homes but also hearts and minds, making it a festival cherished by millions and celebrated with deep love, joy, and hope for a brighter future.

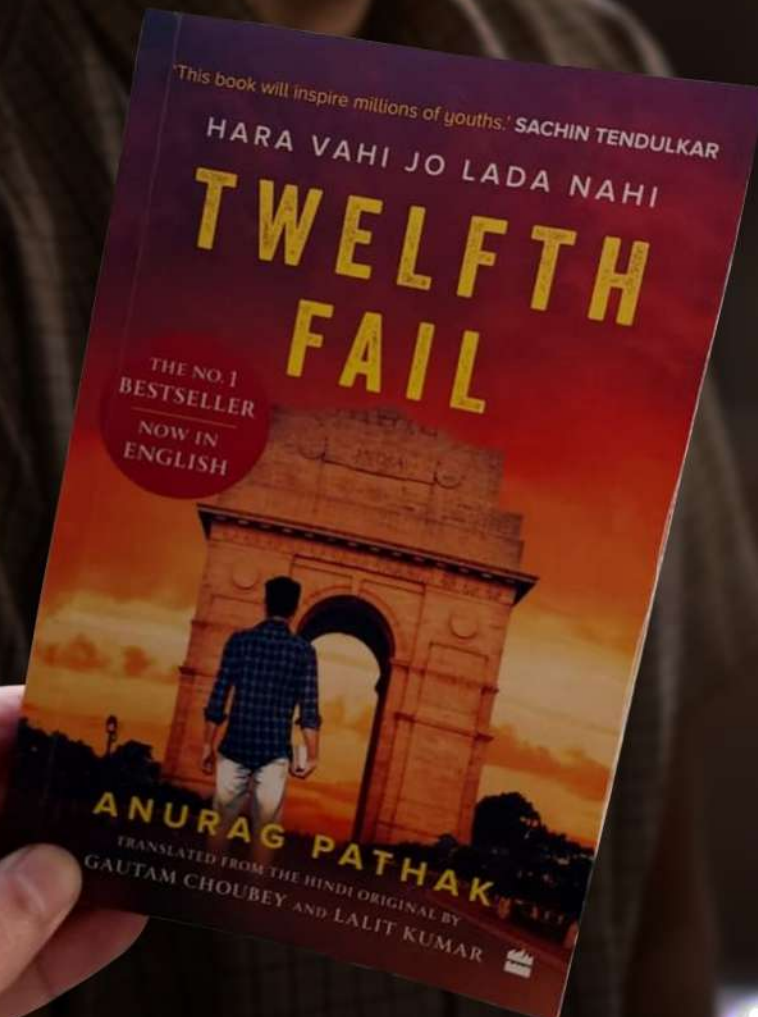




12TH FAIL

A JOURNEY OF RESILIENCE AND INSPIRATION FOR STUDENTS

THE FILM 12TH FAIL (2023) IS A STIRRING TALE OF OVERCOMING SETBACKS, DETERMINATION, AND RELENTLESS PURSUIT OF DREAMS. DIRECTED BY VIDHU VINOD CHOPRA, IT NARRATES THE INSPIRING JOURNEY OF MANOJ KUMAR SHARMA, A YOUNG MAN WHO DEFIES THE ODDS BY TRANSFORMING A FAILURE IN HIS 12TH-GRADE EXAMS INTO SUCCESS IN THE PRESTIGIOUS UPSC EXAMINATIONS. ROOTED IN REAL-LIFE EVENTS, THE FILM CAPTURES THE ESSENCE OF PERSEVERANCE, SHOWCASING HOW GRIT AND A POSITIVE OUTLOOK CAN REDEFINE FAILURE AS A STEPPING STONE TO SUCCESS.



For university students, the film's message is profoundly relevant. In an academic world rife with pressures and challenges, 12th Fail serves as a beacon of hope, reminding us that temporary failures don't define our abilities or futures. It portrays how resilience, coupled with consistent effort, can turn the tide, no matter how daunting the odds may seem. It also urges viewers to question rigid societal norms of success, encouraging a broader and more personal interpretation of achievement.

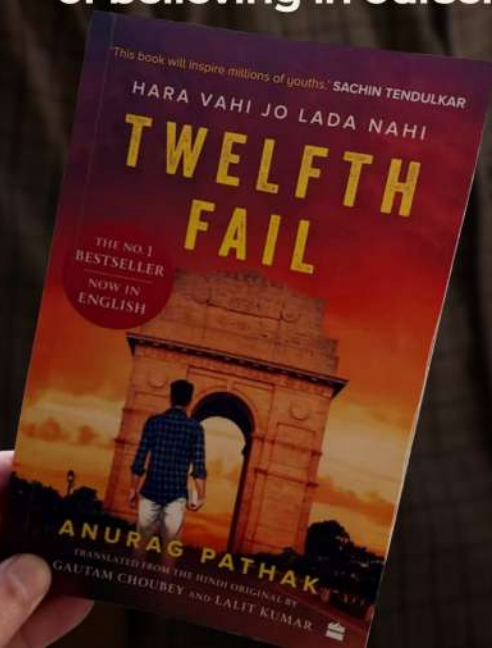
The movie's realistic portrayal of its characters makes it especially relatable. The struggles and triumphs of Manoj and others resonate deeply with anyone who has faced setbacks, making it a perfect watch for those seeking motivation during tough times. Beyond the personal journey, the film's themes of self-discovery and purpose inspire viewers to not just chase goals but to also embrace the learning that comes from life's challenges.

Visually, the film is a masterpiece. Cinematography beautifully captures the highs and lows of Manoj's journey, blending light and shadow to emphasize emotions and milestones. The soundtrack adds depth, harmonizing with the narrative to amplify the impact of pivotal moments. The performances, particularly of the lead actors, are heartfelt and convincing, drawing audiences into their world with authenticity and emotion.

More than just a movie, 12th Fail is a call to action. It challenges us to redefine failure, embrace our unique paths, and build resilience in the face of adversity. It is a reminder that our potential isn't measured by the number of setbacks we face but by how we rise from them.

For university students navigating the complexities of life and studies, 12th Fail offers both inspiration and practical wisdom. It teaches us the value of persistence, the courage to start over, and the power of believing in ourselves even when the odds are against us.

This film is a must-watch for anyone looking to rekindle hope and motivation. For more details on the film, you can explore Wikipedia, IMDB, or read insightful reviews on platforms like Insider.



Tharul Jayasundara
**Industrial Information
Technology**

INTERNATIONAL MEN'S DAY

NOVEMBER 19



What is National Men's Day to celebrate the contributions, sacrifices, and achievements of men in society. It highlights positive male role models, celebrating them as fathers, brothers, mentors, and community leaders. Not only do we celebrate achievements on this day, but we also bring attention to important challenges faced by men, such as mental health issues, social pressures, and the weight of traditional masculine ideals. National Men's Day advocates for openness, self-care and challenging harmful stereotypes by encouraging conversations around these topics, providing a path towards a more equal and equitable society.

This day is set apart by a number of activities like: educational activities or campaigns, community service projects, and activities held in honor of the men who have been shown to fulfill the causes with outstanding blueness. It further seeks to promote close attachment within the family through promoting family men's psychological aspects. National Men's Day encourages the recognition and respect of manhood and the significance of men, as well as the role of supporting and cherishing manhood making it the day to honor manhood and fight for its needed presence in society. This is a moment for all of us to remember the people who are often overlooked and join hands in the work of reconstructing a world where their worth and experience are treasured.





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Editor's
MESSAGE



**Dear Fellow Leos
and Readers,**

Welcome to the latest edition of our Leo Club newsletter from Uva Wellassa University!

As we look back at our recent activities and look forward to our future projects, we are filled with pride and excitement. This newsletter summarises the spirit of our club: service, leadership, and friendship.

In this newsletter, you'll find highlights of our recent community projects, from educational initiatives to environmental clean-ups. We're particularly proud of our ongoing mentorship program, which has had a huge impact on the local youth.

We also recognize our members' achievements through the club and in their own academic pursuits. Their dedication speaks volumes to the Leo motto of "Leadership, Experience, Opportunity."

Roar with pride, fellow Leos!

Oushadhi Wickramaratne

Editorial Crew Member
Leo Club of Uva Wellassa University



LEO CLUB OF UWU
SOCIAL
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A decorative border featuring a central row of pink and yellow lotus-like flowers with white centers. On either side of the flowers are colorful kites with long tails, rendered in a flat, geometric style. The kites have various color schemes including red, yellow, blue, green, and orange. The entire design is set against a solid brown background.

LEO TIMES

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